



Zahra Kiani

Email: zahrakiani6969@gmail.com

Telephone: (+98) 9113527716

Addresses: Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran

ORCID: <https://orcid.org/0000-0002-4548-7305>

Marital Status: Single

Webpage:

<https://scholar.google.com/citations?user=r80c1YQAAAAJ&hl=en>

<https://www.scopus.com/authid/detail.uri?authorId=57192938509>

<https://www.researchgate.net/profile/Zahra-Kiani-6>

<https://www.gfmer.ch/SRH-Course-2021/adolescent-health/pdf/M7-Zahra-Kiani.pdf>

<https://covid19.elsevierpure.com/en/persons/zahra-kiani>

RESEARCH INTEREST:

- Reproductive epidemiology
- Women health education and counseling
- Adolescent health
- Qualitative research in Reproductive Health
- Mixed Methods Research in Reproductive Health
- Infertility treatment counseling

EDUCATION:

1	Dates	2018-2021
	Institution	Shahid Beheshti University of Medical Sciences, Tehran, Iran
	About the institute	Ranked within the top 3 public universities in Iran (USNews Ranking)
	Field of study	Reproductive Health
	Title of qualification awarded	Doctoral Degree
	GPA	18.93/20 (First Class Honours)
	Title of thesis	Development and psychometric properties of a quality of life questionnaire for infertile women (QOL-QIW)
2	Dates	2014-2016
	Institution	Shahid Beheshti University of Medical Sciences, Tehran, Iran
	About the institute	Ranked within the top 3 public universities in Iran (USNews Ranking)
	Field of study	Midwifery
	Title of qualification awarded	Master's Degree
	GPA	18.73/20(First Class Honours)
	Title of thesis	Relationship between social determinants of health and empowerment of women in reproduction in health centers of Beheshti University of Medical Sciences in 2014
3	Dates	2010-2014
	Institution	Mazandaran University of Medical Sciences
	Field of study	Midwifery
	Title of qualification awarded	Bachelor's Degree
	GPA	18.28/20(First Class Honours)

PUBLICATIONS:

Published Journal Papers:

1. **Kiani Z**, Simbar M, Hajian S, Zayeri F. Development and psychometric evaluation of a quality of life questionnaire for infertile women: a mixed method study. *Reproductive Health*. 2020;17(1):1-9.
2. **Kiani Z**, Simbar M, Hajian S, Zayeri F. Quality of life among infertile women living in a paradox of concerns and dealing strategies: a qualitative study. *Nursing Open*. 2021;8(1):251-61.

3. **Kiani Z**, Simbar M, Fakari FR, Kazemi S, Ghasemi V, Azimi N, et al. A systematic review: Empowerment interventions to reduce domestic violence? Aggression and violent behavior. 2021;101585.
4. **Kiani Z**, Simbar M, Hajian S, Zayeri F, Shahidi M, Naz MSG, et al. The prevalence of anxiety symptoms in infertile women: a systematic review and meta-analysis. Fertility research and practice. 2020;6(1):1-10.
5. **Kiani Z**, Simbar M, Hajian S, Zayeri F. The prevalence of depression symptoms among infertile women: a systematic review and meta-analysis. Fertility research and practice. 2021;7(1):1-10.
6. **Kiani Z**, Simbar M. Infertility's Hidden and Evident Dimensions: A Concern Requiring Special Attention in Iranian Society. Iranian journal of public health. 2019;48(11):2114.
7. Hamzehgardeshi Z, Yazdani F, Rezaei M, **Kiani Z**. COVID-19 as a Threat to Sexual and Reproductive Health. Iranian Journal of Public Health. 2020.
8. **Kiani Z**, Banaei M, Ghasemi V. During the coronavirus pandemic and after its occurrence, we need to think of infertile couples more than ever. Iranian journal of psychiatry and behavioral sciences. 2020;14(3):2.
9. **Kiani Z**, Simbar M, Dolatian M, Zayeri F. Structural equation modeling of psychosocial determinants of health for the empowerment of Iranian women in reproductive decision making. BMC women's health. 2020;20(1):1-9.
10. Naz MSG, **Kiani Z**, Fakari FR, Ghasemi V, Abed M, OZgoli G. The effect of micronutrients on pain management of primary dysmenorrhea: a systematic review and meta-analysis. Journal of caring sciences. 2020;9(1):47.
11. **Kiani Z**, Simbar M, Dolatian M, Zayeri F. Correlation between social determinants of health and women's empowerment in reproductive decision-making among Iranian women. Global journal of health science. 2016;8(9):312.
12. Ghasemi V, Simbar M, Rashidi Fakari F, Saei Ghare Naz M, **Kiani Z**. The effect of peer education on health promotion of Iranian adolescents: A systematic review. International Journal of Pediatrics. 2019;7(3):9139-57.
13. Alishah A, Ganji J, Mohammadpour R, **Kiani Z**, Shahhosseini Z. Women's Reproductive Empowerment: A Comparative Study of Urban and Rural Females in Iran. International Journal of Women's Health and Reproduction Sciences. 2019;7(3):294-300.
14. Bazzazian S, Simbar M, OZgoli G, Mokhtarian Gilani T, Ghiasvand M, Azimi N, et al. The effect of lead on puberty time in girls and boys: a systematic review. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2019;22(10):75-85.
15. **Kiani Z**, Aghamohammadi A, Zafari M. Association between Women Empowerment and Social Support in the Reproductive Decision-Making of the Women Referring to the Health Centers in Sari, Iran (2017). Preventive Care in Nursing & Midwifery Journal. 2018;7(4):10-8.
16. Saei Ghare Naz M, Rashidi Fakari F, Ghasemi V, **Kiani Z**, OZgoli G. The correlation of number of parity and bone mineral density (BMD) in women: A systematic review and meta-analysis. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2019;22(2):73-83.
17. Banaei M, Ghasemi V, Naz MSG, **Kiani Z**, Rashidi-Fakari F, Banaei S, et al. Obstetrics and neonatal outcomes in pregnant women with COVID-19: a systematic review. Iranian Journal of Public Health. 2020;49(Suppl 1):38.
18. Fakari FR, Fakari FR, **Kiani Z**, Ghazanfarpour M. Vulvovaginal Self-care Under the Shadow of the Covid-19 Pandemic. Archives of sexual behavior. 2021:1-2.

19. Hamzehgardeshi Z, **Kiani Z**, Yazdani F, Rezaei M. COVID-19 as a Threat to Various Aspects of the Health of Women with Breast Cancer. *Journal of Mazandaran University of Medical Sciences*. 2020;30(191):176-8.
20. Rashidi Fakari F, **Kiani Z**. The Relationship Between Age and COVID-19 in Pregnancy. *Journal of Obstetrics, Gynecology and Cancer Research (JOGCR)*. 2021;6(3):143-6.
21. **Kiani Z**, Simbar M, Dolatian M, Zayeri F. Women's empowerment in reproductive decision-making needs attention among Iranian women. *Iranian journal of public health*. 2018;47(3):464.
22. **Kiani Z**, Simbar M, Dolatian M, Zaeri F. Relationship between structural social determinants of health and women's empowerment in reproductive health. *Journal of School of Public Health and Institute of Public Health Research*. 2015;13(2):1-15.
23. Alishah A, Ganji J, Mohammadpour R, **Kiani Z**, Shahhosseini Z. Relationship between childbearing motivations and women reproductive empowerment: A correlational study. *Journal of Mazandaran University of Medical Sciences*. 2019;28(168):96-107.
24. **Kiani Z**, Simbar M, Dolatian M, Zayeri F. The relationship between self-esteem and empowerment of women in fertility. *Journal of Mazandaran University of Medical Sciences*. 2017;27(150):187-91.
25. **Kiani Z**, Simbar M, Dolatian M, Zayeri F. The Relationship Between Marital Satisfaction and Women's Empowerment in Reproductive Decisions in Iran. 2019.
26. Ghasemi V, Simbar M, Ghasemi E, Ebadi A, **Kiani Z**, Mahdizad Keyghobad F, et al. Predictor Factors of Breastfeeding Attitude in Iranian Breastfeeding Mothers: A Cross-Sectional Study. *International Journal of Pediatrics*. 2019;7(3):9103-13.
27. Kazemi S, Soleimani F, Kazemi S, Kazemnezhad A, **Kiani Z**, Pazandeh F, et al. Perinatal Outcomes of Idiopathic Polyhydramnios with Normal Ultrasound: A Systematic Review and Meta-Analysis. *International Journal of Pediatrics*. 2019;7(5):9349-62.
28. Kazemi S, Pazandeh F, Soleimani F, Kazemnejad A, **Kiani Z**, Azimi N, et al. Pregnancy Outcomes of Idiopathic-Polyhydramnios With Normal Ultrasound. *Acta Medica Iranica*. 2019.
29. Saei Ghare Naz M, Ghasemi V, **Kiani Z**, Rashidi Fakari F, Ozgoli G. The effect of breastfeeding duration on bone mineral density (BMD): a systematic review and meta-analysis. *International Journal of Pediatrics*. 2019;7(1):8831-43.
30. Roozbeh N, Hajian S, Darvish S, **Kiani Z**, The risk factors affecting low birth weight in Iran: An update systematic review. *Journal of Obstetrics, Gynecology and Cancer Research (JOGCR)*. (Accept)

Conference Papers:

1. Factors Associated With adolescent suicide: A Comprehensive Literature Review, XXII FIGO World Congress of Gynecology & Obstetrics
2. The Relationship between Marital Satisfaction and Women's Reproductive Empowerment, XXII FIGO World Congress of Gynecology & Obstetrics
3. Social determinants of health aspects of infertility in men: A systematic review, Men's Health Congress - Men's Infertility, **Top Poster**, Tehran, Iran

4. STRUCTURAL EQUATION MODEL OF SOCIAL SUPPORT WITH WOMEN'S EMPOWERMENT IN REPRODUCTIVE DECISIONMAKING, XXI FIGO World Congress of Gynecology & Obstetrics

5. Path analysis of latent variables of social determinants of health with women's empowerment in reproductive decision making, The fourth seminar between International Women's Health, **Top Poster**, Shiraz, Iran

6- A Survey of Men's Perspectives on Domestic Violence Against Women: A Review Study, Women's Health Congress, Shiraz

7- Study of individual risk factors for suicide in adolescents: A review of studies, Men's Health Congress-Men Infertility, Tehran

8- Investigating the relationship between social determinants of health and women's empowerment in fertility in 2014 in Tehran, Congress of Health Research Center Fertility and infertility, Tehran

9- Evaluation of women's ability to reproduce in health centers of Shahid Beheshti University of Medical Sciences in 2014, Congress of Reproductive Health and Infertility Research Center, Tehran

10- Survey of Attitudes of Pharmacy Students of Mazandaran University of Medical Sciences towards Educational Environments and Teaching and Learning Conditions in 2012, 13th Medical Education Conference, Mazandaran

11- Investigating the Relationship between Psychosocial Factors of Social Determinants of Health and Women's Empowerment in Reproduction in Mazandaran Province 1394, 12th Congress of Obstetrics and Gynecology, Tehran

12- Prevalence of polycystic ovary syndrome in Iranian women: A review and meta-analysis study, 2nd International Congress of Minimally Invasive Methods Iranian Obstetrics and Gynecology and the 13th International Congress of Iranian Obstetrics and Gynecology, Tehran

13- Genetic Causes of Infertility with Male Causes: A Review Article, 9th Fertility and Infertility Congress, Tehran

14- Investigating the Relationship between Marital Satisfaction and Women's Empowerment in Reproductive Decision-Making Power, 9th Congress on Fertility and Infertility, Tehran

Research projects:

1-Prevalence of depressive symptoms in infertile women: A systematic review and meta-analysis

2-Intervention Strategies to Prevent Domestic Violence against Women by Empowering Them: A Systematic Review

3- Design and psychometric measurement of quality of life tools for infertile women

4-Assessing Suicide Risk Factors in Adolescents: A Review of Studies

- 5- Empowerment of women and use of reproductive health services
- 6- Systematic study of the effect of lead on puberty in girls and boys
- 7- Empowering Pregnant Women in Choosing the Type of Childbirth: A Systematic Review
- 8- Psychometrics Persian version of quality tools for prenatal care
- 9- Outcomes of idiopathic polyhydramnios with normal ultrasound: A systematic review
- 10- Investigating the relationship between social determinants of health and women's ability to reproduce
- 11- Investigating the Relationship between Childbearing Motivations and Women's Ability in Reproductive Decision Making in Women Referred to Health Centers in Sari 2017
- 12- Comparison of the effect of hydroalcoholic extract of nettle with mefenamic acid on menorrhagia
- 13- Investigating the relationship between breastfeeding duration and bone density in women: systematic review and meta-analysis
- 14- Evaluation of the effect of micronutrients on primary dysmenorrhea: A systematic review
- 15- Investigating the relationship between the number of deliveries and bone density in women: a systematic review and meta-analysis
- 16- Midwifery lessons training software
- 17- The quality of life of infertile men: A systematic review and meta-analysis
- 18- Design, implementation and evaluation of childbirth preparation classes application to improve the performance of midwifery students in the safe pregnancy and childbirth

Teaching Specialty

- Sexual and Reproductive Health
- Adolescent Risk Behaviors
- Maternal Child Health
- Basic Epidemiology
- Research Methodology
- Sexual and Family Planning Counseling
- Obstetrics and Gynecology

Certifications & Workshops

Certificate of participation in ***Adolescent Sexual and Reproductive Health*** online training course held by the Geneva Foundation for Medical Education and Research (WHO Collaborating Centre in Education and Research in Human Reproduction) (2021)

Certificate of **top 10 assignment** in module 7: Violence against women and girls: prevention, support and care in ***Adolescent Sexual and Reproductive Health*** online training course held by the Geneva Foundation for Medical Education and Research (WHO Collaborating Centre in Education and Research in Human Reproduction) (2021)

Certificate of participation in Training course in **research methodology and research protocol development** 2021 (WHO)

Participation in the research methodology Workshops by Shahid Beheshti University of Medical Sciences (2018 –2021)

The second person in the entrance exam for the PhD of sexual and reproductive health in Iran

Skills

Computer Skills

- Professional Software: SPSS, MAXQDA, EQS, Nvivo
- General Software: Microsoft Office, Endnote

English

Intermediate