

## Curriculum Vitae

### Personal information

**Name:** Sedigheh Sedigh Mobarakabadi

**Present Position:** Assistant Professor

**Address:** Department of Midwifery and Reproductive Health

Shahid Beheshti University of Medical Sciences

**Research Interests:** Pregnancy, Childbirth, Midwifery, Reproductive health, E- Health

E-mail: [sedighehsedigh@gmail.com](mailto:sedighehsedigh@gmail.com)

### Academic Qualifications

- BSc in Midwifery, Kermanshah University of Medical Sciences, Kermanshah, Iran, 2007
- MSc in Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2010
- PhD in Reproductive Health, University of Mashhad, Mashhad, Iran, 2015

### Thesis

- Exploring maternal care providers and recipients' understanding of medicalized pregnancy and childbirth; designing, and application of a situation assessment tool base on exploratory sequential mixed method study
- Comparison of Hugo and Ciliao acupressure on the severity of labor pain and birth outcome

### Teaching Experiences

#### A- Postgraduate Courses

- Socio-cultural dimensions of reproductive health –PhD course
- Comparison of Iran's health care system with other countries–PhD course
- Epidemiology of community and family–MSc course

#### B- Undergraduate Courses

- Pregnancy and child birth module 1
- Pregnancy and child birth module 3
- Pregnancy and child birth module 4

### **C- Clinical Courses**

- Pregnancy and child birth module 2
- Pregnancy and child birth module 3
- Pregnancy and child birth module 4
- Female disease
- Maternal and child health

### **Research Project**

- Exploring women's experiences of pregnancy and childbirth during the coronavirus epidemic: A qualitative study in Iran, 2020
- Investigating the experiences of the first time fathers from attending labor and delivery of their wives in Tehran, 2019
- The effect of acupuncture on gallbladder point 21 on the duration of labor in nulliparous women, 2019
- Translation and psychometrics of the of first fathers questioner, before, during and after childbirth of the spouses in selected hospitals in Tehran, 2019
- Exploring the perception of health providers and recipients of episiotomy and its repair: design and validation of tools and service packages, 2018
- Design and evaluation of evidence-based care protocol in natural childbirth: a participatory action research study, 2018
- The effect of P6 acupuncture in nausea and vomiting in pregnancy, 2016
- Determining the prevalence of poly ovarian cysts profile in gynecological ultrasound examination in reproductive ages participant in Tehran Lipid and Glucose Study, 2015
- Rate, causes and reporting of medication errors from the perspective of midwives & nurses in labor, obstetrics and gynecology wards in Mashhad public hospitals, 2012

- Evaluation the effect of delayed treatment in 2-years disease-free survival of breast cancer patients, 2011
- Investigating the pattern of sexual behaviors in married women 19-45 years old, referred to Taleghani Clinic, 2010
- Experiencing life with infertility: A phenomenological study, 2009
- The relationship between fish consumption and the prevalence of preterm delivery in pregnant women referred to clinics in Guilan province, 2002

## **Publications**

### **A- Articles**

- Torkiyan H, Mobarakabadi SS, Heshmat R, Khajavi A, Ozgoli G. The effect of GB21 acupressure on pain intensity in the first stage of labor in primiparous women: A randomized controlled trial. *Complementary Therapies in Medicine*. 2021 May 1;58:102683.
- Sabetghadam S, Rezaie Chamani S, Amirkhazadeh Barandouzi Z, Sedigh Mobarakabadi S, Donyaei Mobarrez Y. The Quality of Obtaining Surgical Informed Consent for Cesarean Section in Public Hospitals of Iran. *Journal of Holistic Nursing And Midwifery*. 2021 Dec 10;31(1):1-8.
- Torkian H, Mobarakabadi S, Heshmat R, Safiloo S, Ozgoli G. Effect of gallbladder 21 (GB21) acupressure on length of delivery in nulliparous women. *Scientific Journal of Kurdistan University of Medical Sciences*. 2020 Sep 10;25(4):56-69
- Mobarakabadi SS, Shahbazzadegan S, Ozgoli G. The effect of P6 acupressure on nausea and vomiting of pregnancy: A randomized, single-blind, placebo-controlled trial. *Advances in Integrative Medicine*. 2020 May 1;7(2):67-72.
- Kazemi S, Dencker A, Pazandeh F, Montazeri A, Sedigh-Mobarakabadi S, Hajian S. Psychometric Evaluation of the Persian Version of the Childbirth Experience Questionnaire (CEQ). *BioMed Research International*. 2020 Dec 10;2020.

- Mirzaie Najmabadi, Kh., Ghazi Tabatabaie, M., Vedadhir, A. A. Sedigh Mobarakabadi, S., The marginalisation of midwifery in medicalised pregnancy and childbirth: a qualitative study. *British Journal of Midwifery*. 2020. <https://doi.org/10.12968/bjom.2020.28.11.768>
- Mobarakabadi SS, Ebrahimipour H, Najar AV, Janghorban R, Azarkish F. Attitudes of Mashhad Public Hospital's Nurses and Midwives toward the Causes and Rates of Medical Errors Reporting. *Journal of Clinical and Diagnostic Research: JCDR*. 2017;11(3):QC04.
- Mobarakabadi SS, Najmabadi KM, Tabatabaie MG, Esmaily H. Predictors of mode of childbirth based on medicalized maternal care: a cross-sectional study. *Iranian Red Crescent Medical Journal*. 2017;19(2).
- Ozgoli G, Mobarakabadi SS, Heshmat R, Majd HA, Sheikhan Z. Effect of LI4 and BL32 acupressure on labor pain and delivery outcome in the first stage of labor in primiparous women: a randomized controlled trial. *Complementary therapies in medicine*. 2016;29:175-80.
- Shandiz F, Janghorban R, Azarkish F, Sedigh S. Effect of treatment delay on survival in patients with breast cancer. *Online Journal of Health and Allied Sciences*. 2016;15(1)
- Noroozadeh M, Tehrani FR, Mobarakabadi SS, Farahmand M, Dovom MR. Sexual function and hormonal profiles in women with and without polycystic ovary syndrome: a population-based study. *International journal of impotence research*. 2016;29(1):1.
- Mobarakabadi SS, Najmabadi KM, Tabatabaie MG. Ambivalence towards childbirth in a medicalized context: a qualitative inquiry among Iranian mothers. *Iranian Red Crescent Medical Journal*. 2015;17(3).
- Hashemi S, Seddigh S, Tehrani FR, Khansari SMH, Khodakarami N. Sexual behavior of married Iranian women, attending Taleghani public health center. *Journal of reproduction & infertility*. 2013;14(1):34.
- Hashemi S, Khodakarami N, Seddigh S, Alavi MH, Hasanzadeh M. Examination of sexual behavior patterns in married woman aged 19-45 who come to Taleghani Health Center, Tehran, Iran. *Payesh (Health Monitor)* 2012; 11 (4), 555-559.

- Khodakarami N, Hashemi S, Seddigh S, Hamdiyeh M, Taheripanah R. Life experience with infertility; a phenomenological study. Journal of Reproduction & Infertility. 2010;10(4)

#### **B- Book**

- Persian Obstetrics I, 2021, Compiled by: Masoumeh Simbar, Narges Eskandari, Fatemeh Bazarganpoor, Azam Bagheri, Mahshid Bokaie, Masoumeh Poor Mohsen, Zeynab Hamzeh Gardeshi, Fatemeh Dabiri, Salehin Shahrbanoo, Sedigheh Sedigh, Hanieh Alamalhoda, SHIVA alizadeh, Samira Mokhlesi, Maryam Moradi, Masjoodi Marzieh, Mojghan Mirghafoorvand. Published by: Jamee negar
- Beckmann Obstetrics and Gynecology, Edited by Beckmann and Ling's 2020. translated by: Farahnaz Torkestani, Maryam Rabiei, Hesamodin Reyahi, Behnaz Savizi, Sedigheh Sedigh Mobarakabadi, Nafiseh Zafarghandi, Armin Atarzadeh, Hanieh Alamalhoda, Ahya Garshasbi, Sekineh Moayed Mohseni, Shahrzad Hadavand, Published by: Teymorzadeh.
- How to write a paper, Edited by George M. Hall, 2013, Translate by: Rokhsana janghorban, Ali Ganji, Sedigheh Sedigh, Fatemeh Azarkish, Published by: Mashhad university of medical sciences
- A clinical Guide for Contraception, Edited by Speroff, L. Darney, Ph.5th ed.c 2011. Translate by: Maryam Zakeri Hamidi, Sedigheh Sedigh.Mitra Maghsodi. Published by: Jame Talaie.

#### **Presentations in Conferences**

- Sedigh Mobarakabadi S.(2021), "Relaxation method in pregnancy during coronavirus pandemic", The first seminar on reproductive and sexual health in the corona crisis - Gorgan Branch of Azad University, Feb,2021- oral presentation

- Sedigh Mobarakabadi S.(2021), “Qualitative Interview Method”. Research Webinar - School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences - February 7, 2017- oral presentation
- Sedigh Mobarakabadi S., Ozgoli G., Heshmat R., (2020), “Does Ciliao acupressure have different effects on severity of pain at different phases of first stage of labor?”, Annual Meeting & Expo on Acupuncture and Alternative Medicine – Online- Oral presentation
- Sedigh S., (2018), “Progesterone consumption in the treatment of threatened abortion and hypospadias in male infants”, 4th International Congress on Reproduction, Tehran, Iran- Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., Esmaili H., (2017), “The dominance of biomedical ideology over the delivery of Iranian women”, 14th International Congress on Obstetrics and Gynecology, Tehran, Iran-Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., Vedadhir AA., (2016), “Ambivalence towards normal pregnancy and childbirth: the crisis of physiologic process”, The 1st International Congress on Reproductive Health and Childbearing, Tehran, Iran- Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., (2016), “Nobody knows Midwifery: Midwifery marginalization in Iran”, The 1st International Congress on Reproductive Health and Childbearing- Poster presentation
- Sabetghadam Sh., Rezaie S., Sedigh S., Faghanipour S., (2016), “Current practice of obtaining informed consent for cesarean section at public hospitals in Rasht”, The 1st International Congress on Reproductive Health and Childbearing, Tehran, Iran- Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., Esmaili H., (2015), “Designing and standardization a medicalized maternal care scale base on exploratory sequential mixed method study”, 12th International Congress of Obstetrics and Gynecology of Iran, Tehran, Iran- Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., Esmaili H., (2014), “Medicalized Maternal Care as a predictor of type of delivery”, Conference on education and counseling in reproductive health, Mashhad, Iran- Poster presentation

- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., Vedadhir AA., (2014), “Over-medicalization of Maternal Care: the evidence from Iran”, 7th Congress of Reproductive and Infertility Health Research Center, Scientific News of Reproduction and Infertility, Tehran, Iran- oral presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., (2013), “Can you escape from the pain of delivery with cesarean sections analgesia?”, Iranian women’s experiences, 4th International Congress of Interventional Pain Medicine, Tehran, Iran- Poster presentation
- Sedigh S., Mirzaie Kh., Ghazi Tabatabaie M., (2013), “Ultrasonography hegemony in prenatal care: A qualitative research”, 10th International Congress of Obstetrics and Gynecology, Tehran, Iran- Poster presentation.
- Homaei Shandiz F., Janghorban R., Azarkish F., Sedigh S., Aledavood A., Sayadi M.(2012), “Age distribution of breast cancer in Khorasan Razavi cancer registry, Northeast of Iran”, International Multidisciplinary cancer congress, Mashhad, Iran- Poster presentation.
- Homaei Shandiz F, Janghorban R., Azarkish F., Sedigh S., Sayadi M.(2012), “Delays in time to treatment in breast cancer; does it really have an impact on survival?”, XX FIGO World Congress of Gynecology and Obstetrics, Rome, Italy- Oral presentation
- Azarkish F., janghorban R., Sedigh S. (2011), “The role of midwife in screening developmental hip dysplasia in newborns”, 1st International congress on hip dysplasia from newborn to elderly, Mashhad, Iran- Poster presentation
- Sedigh S., Azarkish F., Janghorban R. (2011), “Acupuncture and Electro-acupuncture for the management of menopause related symptoms”, 9th International congress of Obstetrics and Gynecology. Tehran, Iran-Oral presentation
- Janghorban R., Azarkish F., Sedigh S. (2011), “Counseling in surrogacy, 2nd National congress of ethic and new infertility treatment techniques”. Jahrom, Iran- Oral presentation
- Janghorban R., Azarkish F., Sedigh S. (2011), “Marital rape, it’s his right, it’s her duty?” 9th International congress of Obstetrics and Gynecology, Tehran, Iran-Oral presentation
- Janghorban R., Sedigh S., Azarkish F. (2011), “Effect of trace elements on infertility”, 9th International congress of Obstetrics and Gynecology, Tehran, Ira- Poster presentation.

- Sedigh S., Janghorban R., Azarkish F. (2011), “What reproductive health can do for HIV prevention”, 9th International congress of Obstetrics and Gynecology, Tehran, Iran-Poster presentation.
- Azarkish F., Janghorban R., Sedigh S. (2011), “Adoptation in infertility”, 2nd National congress of ethic and new infertility treatment techniques, Jahrom, Iran-Poster presentation.
- Ozgoli G., Sedigh S., Heshmat R., Alavi Majd H., (2009), “The effect of right hand Hugo acupressure on the severity of pain in the first stage of labor”, The first seminar on the applications of acupuncture in obstetrics and gynecology, Tehran, Iran - oral presentation
- Ozgoli G., Sedigh S., Heshmat R., Alavi Majd H., (2009), “Comparison of the effect of acupressure on LI4 and BL32 points on pain intensity in the active phase of labor”, 8th International Congress of Obstetrics and Gynecology, Tehran, Iran- oral presentation
- Khodakarami N., Sedigh S., Hashemi S., Hamdieh M., Taheri Panah R., (2009), “Forgotten rights in life with infertility”, 8th International Congress of Obstetrics and Gynecology, Tehran, Iran- oral presentation
- Tork Zahrani SH., Sedigh S., Hashemi S., (2008), “The need to change the routine procedures of the hospital”, The 2nd Seminars of Safe Pregnancy, Shahid Beheshti University of Medical Sciences, Tehran-Poster presentation
- Aj N., Sedigh S., Sabetghadam Sh., Rahmani M., (2003), “Physiopathology of kidney diseases”, Kidney Failure Seminar, Guilan, Iran-Poster presentation

### **Awards**

- Distinguished midwife in World Midwives Day, in Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2021
- Distinguished midwife in World Midwives Day, in Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2019
- The best poster presenter in 2th International Congress of Reproduction- First International Congress of Health Sciences and childbearing, Tehran, Iran, 2016

### **Workshops Attended**



- Yoga in pregnancy and childbirth, Jahad Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2019
- Pregnancy yoga in water, Jahad Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2019
- Train a trainer for childbirth preparation classes, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2018
- Medical journalism, Mashhad University of Medical Sciences, Mashhad, Iran, 2013
- Scientific Writing, Mashhad University of Medical Sciences, Mashhad, Iran, 2013
- Principles of writing and critique of scientific articles, Mashhad University of Medical Sciences, Mashhad, Iran, 2013
- ISI Web of Science, Mashhad University of Medical Sciences, Mashhad, Iran, 2012
- Preliminary points in Photoshop, Mashhad University of Medical Sciences, Mashhad, Iran, 2012
- Knowledge-based cooperatives, Mashhad University of Medical Sciences, Mashhad, Iran, 2012
- Writing principles workshop, Mashhad University of Medical Sciences, Mashhad, Iran, 2011
- Research in reproductive health in adolescents, Mashhad medical university, 2011
- Cochrane systematic review, Mashhad medical university 2011
- Design and implementation of pregnancy preparation classes, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2007
- Labor pain Relief, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2007
- Preliminary Research Method, Kermanshah University of Medical Sciences, Kermanshah, Iran, 2005

### **Workshops Presented**

- Train a trainer for childbirth preparation classes, Jahad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Jun, 2020
- Train a trainer for childbirth preparation classes, Jahad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Jun, 2020

- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, July, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, August, 2020
- Train a trainer for childbirth preparation classes, Tehran University of Medical Sciences, Tehran, Iran, September, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, October, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Nov, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Jan, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Jan, 2021
- Physiologic birth, Tehran University of Medical Sciences, Tehran, Iran, Feb, 2021
- The science of movement in childbirth, Tehran University of Medical Sciences, Tehran, Iran, Feb, 2021
- Physiologic and natural birth, Iran University of Medical Sciences, Tehran, Iran, Jan, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Apr, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, Apr, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, May, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, May, 2021
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, January, 2020

- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, January,2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, February, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, February, 2020
- Train a trainer for childbirth preparation classes, Tehran University of Medical Sciences, Tehran, Iran, February, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, July, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, August, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, September, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, October, 2020
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, November, 2020
- Skin-to-skin contact between mother and baby, Shahid Beheshti University of Medical Sciences, September 30, 2019
- Skin-to-skin contact between mother and baby, Shahid Beheshti University of Medical Sciences, September 1, 2019
- Physiological Childbirth Teacher Training Workshop, Iran University of Medical Sciences, October, 2019
- Triage and Emergency Workshop in Midwifery, Shahid Beheshti University of Medical Sciences, November, 2019
- Breast feeding Workshop, Shahid Beheshti University of Medical Sciences, December, 2019
- Train a trainer for childbirth preparation classes, Jihad Shahid Beheshti University of Medical Sciences, Tehran, Iran, December, 2019

- Physiological Childbirth Workshop, Shahid Beheshti University of Medical Sciences, August, 2018
- Physiological Childbirth Workshop, Shahid Beheshti University of Medical Sciences, October, 2018
- Teaching in physiological delivery workshop, Shahid Beheshti University of Medical Sciences, November, 2018
- Midwifery Emergency and pregnancy triage, Shahid Beheshti University of Medical Sciences, November 2018
- Physiological Childbirth Workshop, Shahid Beheshti University of Medical Sciences, 1-2 February 2018
- Physiological Childbirth Workshop, Shahid Beheshti University of Medical Sciences, February 5-16, 2018
- Physiological childbirth Workshop, Shahid Beheshti University of Medical Sciences May, 2018

### **Membership**

- Research Deputy of Midwifery Group, Since Feb 2021
- Member of research committee of Department of Midwifery and Reproductive Health, Since 2018
- Member of the Committee for Development of PhD majors, since 2018
- Member of Committee for Targeted Development of majors, since 2018