

Curriculum Vitae



Dr. Soheila Nazarpour

**PhD in field of Reproductive Health, Academic Member, Associate Professor,
Graduated from Shahid Beheshti University of Medical Sciences.**

Department of Midwifery, Chalous Branch, Islamic Azad University, Chalous, Iran.

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Academic Educations

- **Ph.D.** in Reproductive Health: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran
 - **M.Sc.** in Midwifery: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran
 - **B. Sc** in Midwifery: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran
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Teaching and Training Activities

Teaching the following subjects in university:

- Principles of Community Health Services
 - Obstetrics
 - Gynecology
 - Maternal- Child Health
 - Reproductive Health
 - Family planning
 - Prenatal care
 - Physiopathology and midwifery
 - Semiology
 - Communication, health education and counseling on maternal and child health and fertility
 - Radiology and Sonology in Obstetrics and Gynecology
 - Newborn
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Publications

Articles published in ISI, Scopus, Pubmed

1. Nazarpour S., Simbar M., Majd H.A. Jafari Torkamani Z, Dodel Andarvar K, Rahnamaei F. **The relationship between postmenopausal women’s body image and the severity of menopausal symptoms.** BMC Public Health. 2021;21(1):1599. doi; <https://doi.org/10.1186/s12889-021-11643-6>
2. Simbar M, Rahmanian F, Nazarpour S, Ramezankhani A, Zayeri F. **Needs for a gender-based perimartal couples’ counselling services in Iran.** Nursing Open. 2021;8(2):850–857. doi: 10.1002/nop2.692
3. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Medical conditions and sexual dysfunction in post-menopausal Women.** Sexual and Relationship Therapy. 2021; 36(4): 385–398. doi: 10.1080/14681994.2019.1672866

4. Gooran S, Simbar M, Hajian S, Nazarpour S, Nasiri M, Martin J. **The Relationship Between Sexual Self-concept and Mental Body Image in Women with Breast Cancer.** *International Journal of Women's Health and Reproduction Sciences.* 2020;8(4): 383–388. doi: 10.15296/ijwhr.2020.61
5. Simbar M, Nazarpour S, Arabi Z, Keshavarz Z, Baghestani AR. **Skills-Based Education for Promoting Healthy Diet Among Female Adolescents: A Randomized Controlled Trial Study.** *Child and Adolescent Social Work Journal.* 2020; Published online: 5 September 2020. doi: 10.1007/s10560-020-00696-y
6. Simbar M, Rahmanian F, Nazarpour S, Ramezankhani A, Eskandari N, Zayeri F. **Design and psychometric properties of a questionnaire to assess gender sensitivity of perinatal care services: a sequential exploratory study.** *BMC Public Health.* 2020; 20(1): 1063. doi: 10.1186/s12889-020-08913-0
7. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Factors associated with quality of life of postmenopausal women living in Iran.** *BMC Women's Health.* 2020; 20(1): 104. doi: 10.1186/s12905-020-00960-4
8. Simbar M, Nazarpour S, Alavi Majd H, Dodel Andarvar K, Jafari Torkamani Z, Rahnemaie F. **Is body image a predictor of women's depression and anxiety in postmenopausal women?** *BMC Psychiatry.* 2020; 20(1):202. doi: 10.1186/s12888-020-02617-w
9. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **The Relationship between Sexual Function and Body Mass Index in Postmenopausal Women.** *Acta Scientific Women's Health (ASWH).* 2020; 2(3): 1-5. doi: 10.31080/ASWH.2020.02.0090
10. Rahmanian F, Nazarpour S, Simbar M, Ramezankhani A, Zayeri F. **Needs assessment for gender sensitive reproductive health services for adolescents.** *International Journal of Adolescent Medicine and Health.* 2020; 32(5):/j/ijamh.2020.32.issue-5/ijamh-2017-0201/ijamh-2017-0201.xml. doi: 10.1515/ijamh-2017-0201
11. Nazarpour S, Simbar M, Tehrani FR. **Sexual Function in Postmenopausal Women and Serum Androgens: A Review Article.** *International Journal of Sexual Health.* 2019; 31(3): 244–256. doi: 10.1080/19317611.2019.1622617
12. Nazarpour S, Simbar M, Alavi Majd H, Ramezani Tehrani F. **Beneficial effects of pelvic floor muscle exercises on sexual function among postmenopausal women: a randomised clinical trial.** *Sexual Health.* 2018 July; 15(5): 396-402. doi: 10.1071/SH17203

13. Simbar M, Nazarpour S, Mirzababaie M, Emam Hadi MA, Ramezani Tehrani F, Alavi Majd H. **Quality of Life and Body Image of Individuals with Gender Dysphoria.** Journal of Sex & Marital Therapy. 2018; 44(6): 523–532. doi: 10.1080/0092623X.2017.1419392
14. Hamdamian S, Nazarpour S, Simbar M, Hajian S, Mojab F, Talebi A. **Effects of aromatherapy with Rosa damascena on nulliparous women’s pain and anxiety of labor during first stage of labor.** Journal of Integrative Medicine. 2018 Mar; 16(2): 120-125. doi: 10.1016/j.joim.2018.02.005.
15. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **The relationship between menopausal symptoms and sexual function.** Women & Health. 2018; 58(10): 1112–1123. doi: 10.1080/03630242.2017.1414100
16. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Quality of life and sexual function in postmenopausal women.** Journal of Women & Aging. 2018; 30(4): 299-309. doi: 10.1080/08952841.2017.1395539
17. Hakimi S, Nazarpour S, Ramezani Tehrani F, Simbar M, Zaiery F. **Women's Experiences about Menopause and Related Factors.** Iranian Journal of Endocrinology and Metabolism. 2017 Sep 15;19(3): 185-93. [in Persian]
18. Nazarpour S, Simbar M, Tehrani FR, Majd HA. **Effects of Sex Education and Kegel Exercises on the Sexual Function of Postmenopausal Women: A Randomized Clinical Trial.** J Sex Med 2017;14(7): 959–967. doi: 10.1016/j.jsxm.2017.05.006
19. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Relationship between Sexual Function and Quality of Life in Post-menopausal Women.** Journal of Mazandaran University of Medical Sciences. 2016 Dec 15;26(143): 88-98. [in Persian]
20. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **The impact of a sexual enhancement program on the sexual function of postmenopausal women.** Climacteric. 2016 Oct; 19(5): 506-11. doi: 10.1080/13697137.2016.1219984
21. Nazarpour S, Simbar M, Tehrani FR. **Factors affecting sexual function in menopause: A review article.** Taiwanese Journal of Obstetrics and Gynecology. 2016 Aug 31; 55(4): 480-487. doi: <http://dx.doi.org/10.1016/j.tjog.2016.06.001>
22. Nazarpour S, Simbar M, Tehrani FR, Majd HA. **Sexual function and exercise in postmenopausal women residing in Chalous and Nowshahr, Northern Iran.** Iranian Red Crescent Medical Journal. 2016 May; 18(5): e30120. doi: 10.5812/ircmj.30120.

23. Simbar M, Nazarpour S, Tehrani FR. **The Impact of the Severity of Menopausal Symptoms on the Sexual Function of Post-Menopausal Women.** In Journal of Women's Health 2016 Apr 1 (Vol. 25, No. 4, pp. A31-A32). 140 Huguenot Street, 3RD FL, New Rochelle, NY 10801 USA: Mary ANN Liebert, INC.
24. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Sexual dysfunction and the underlying medical problems in post-menopausal women.** Tehran University Medical Journal TUMS Publications. 2016 Feb 15; 73(11): 798-811.
25. Nazarpour S, Simbar M, Ramezani Tehrani F, Tohidi M. **Study on the correlation between serum androgens and sexual function in post-menopausal women.** Iranian Journal of Endocrinology and Metabolism (IJEM). 2015 Jun 15; 17(1): 13-22. [in Persian]
26. Nazarpour S, Azimi H. **Comparison of therapeutic effects of Fennelin and Mefenamic Acid on Primary Dysmenorrhea.** J Mazandaran Univ Med Sci. 2007; 17 (61): 54-61. [in Persian]
27. Nazarpour S, Azimi H. **Study on the rate of using different family planning methods and attitudes of under 25 years married females towards family planning referring to west province health center of Mazandaran in 2001.** J Mazandaran Univ Med Sci. 2002; 12 (37): 46-55. [in Persian]

Articles published in ISC

1. Nazarpour S, Arabi Z, Simbar M, Keshavarz Z, Baghestani AR. **A Comparison Between the Skills-Based Education with a Lecture-Based Education on Female Adolescents' Knowledge, Attitude and Practice about Health in Puberty: A Randomized Trail Study.** Advances in Nursing and Midwifery. 2020;29(3):15-23. doi: 10.29252/anm-29565
2. Dehghan A, Taghipourian MJ, Nazarpour S, Gorji M. **Analyze Marketing Factors Influencing the Desire to Choose a Hospital Brand.** Journal of Healthcare Management. 2020; 11(1): 19-34. [in Persian]
3. Mahmoudjanlou M, Ahadi H, Nazarpour S, Kraskian Moujembari A. **The Effectiveness of Reducing the Fear of Labor Pain in the Way of the Reality Therapy on the Choice of Vaginal Delivery in Pregnant Women.** Journal of Research in Behavioural Sciences. 2019; 17(1):68-76. doi: 10.22122/rbs.v17i1.2179. [in Persian]

4. Mahmoodjanlou M, Nazarpour S, Ahadi H, Kraskian A. **The effectiveness of increasing the self-efficacy of childbirth through reality therapy on the choice of vaginal delivery in pregnant women.** Daneshvar Medicine Journal. 2018; 26(4): 37-44. [in Persian]
5. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Assessment of influencing factors of the Quality of Life in Postmenopausal Women, 2013-2014.** Hakim Health System Research. 2016;19(2):81-88. [in Persian]
6. Nazarpour S, Simbar M, Ramezani Tehrani F. **Effects of the severity of menopausal symptoms on sexual function in postmenopausal women.** J Qazvin Univ Med Sci. 2015; 19 (4) :63-54. [in Persian]
7. Nazarpour S, Simbar M, Ramezani Tehrani F. **Androgens and sexual function during menopause.** Urmia Medical Journal. 2015; 26(2): 135-147. [in Persian]
8. Nazarpour S, Simbar M, Ramezani Tehrani F, Alavi Majd H. **Exercise and sexual dysfunction among postmenopausal women in Iran.** Journal of School of Public Health and Institute of Public Health Research. 2015 Jun 15;13(1):17-32. [in Persian]
9. Nazarpour S, Simbar M, Ramezani TF. **Factors affecting sexual function during menopause: a review of the literature.** Payesh (Health Monitor). 2015 Jan-Feb; 14(1):41-58. [in Persian]
10. Nazarpour S, Khazai K. **The study of correlation between body image and coping styles with severity of primary dysmenorrhea.** Fundamentals of Mental Health. 2011;14(7):344-55. [in Persian]

Articles published in Scientific-Research journals

1. Nazarpour S. **Studying the relationship between hygienic – sexual behaviors and the incidence of urinary tract infections (UTI) in pregnant women visiting health-treatment centers in Nowshahr and Chalous.** The Scientific and Research Quarterly Kermanshah Faculty of Paramedical Sciences. 2011 Spring & Summer; 2(1,2): 27-37. [in Persian]
2. Nazarpour S. **Study of factors of influencing on severity of primary dysmenorrhea in students of faculties of nursing and midwifery of governmental universities under the supervision of ministry of Health, treatment and Medical Education in Tehran.** Women & Health (Journal of Islamic Azad University, Astara Branch). 2010; 1(2): 109-125. [in Persian]

Articles published in other journals

1. Nazarpour S. Violence against women from a Quranic perspective. Zolale Tasnim. Islamic Azad university Chalous branch. 2020; 12(39):18-25. [in Persian]
2. Nazarpour S. **Violence of children and adolescents.** Zolale Tasnim. 2012; 21:13-14. [in Persian]
3. Nazarpour S. **Emotional Divorce.** Zolale Tasnim. 2012; 18:11-13. [in Persian]
4. Nazarpour S. **Belief in God reduces stress and anxiety.** Zolale Tasnim. 2011; 16:10-12. [in Persian]
5. Nazarpour S. **Scientific evidence of the effect of prayer.** Zolale Tasnim. 2010; 9:3-4. [in Persian]
6. Nazarpour S. **Kneeling in prayer (Sejdeh).** Zolale Tasnim. 2009; 8:9. [in Persian]
7. Nazarpour S. **Women's entrepreneurship in urban society.** Noshahr (Special Note of the Municipality of Noshahr). 2009; 2:3 & 7. [in Persian]
8. Nazarpour S. **Sunscreens and how to use them.** Barge Sabze Salamati. 2009; 7:8. [in Persian]
9. Nazarpour S. **What should women eat during menopause?** Barge Sabze Salamati. 2009; 5:3. [in Persian]
10. Nazarpour S. **Potato chips and its disadvantages on male fertility.** Barge Sabze Salamati. 2009; 4:3. [in Persian]
11. Nazarpour S. **Interaction between stress and infertility.** Andishe Noe (The morning newspaper of Iran). 2009; 852:4. [in Persian]
12. Nazarpour S. **Domestic violence against women.** Shomale Sabz. 2009; 9:2. [in Persian]
13. Nazarpour S. **The positive impact of employment on women's health.** Andishe Noe (The morning newspaper of Iran). 2009; 847:6. [in Persian]
14. Nazarpour S. **Menopause Problems and Health Advice.** Journal of Faculty of Nursing, Baqiyatallah university of Medical Sciences. 2008; 8(29): 16-24. [in Persian]
15. Nazarpour S. **Twin to Twin Transfusion Syndrome.** Journal of Faculty of Nursing, Baqiyatallah university of Medical Sciences. 2006; 7(24): 14-21. [in Persian]

16. Nazarpour S. **Study of the use of contraceptive methods and women's attitudes.** Journal of Medical Sciences, Islamic Azad University of Mashhad. 2005; 1(3): 6-16, 66. [in Persian]
17. Nazarpour S. **Feto- Maternal Hemorrhage (FMH).** Journal of Islamic Azad University, Noshahr & Chalous Branch. 2005; 2(4): 133-138. [in Persian]
18. Nazarpour S. **Trauma during Pregnancy.** Journal of Faculty of Nursing, Baqiyatallah University of Medical Sciences. 2004; 5(16): 32-39. [in Persian]
19. Nazarpour S. **Philosophy of Homeopathy.** Peyke Sabz. 2004; 2(85): 11. [in Persian]
20. Nazarpour S. **Tuberculosis in Pregnancy and Infancy.** Journal of Faculty of Nursing, Baqiyatallah University of Medical Sciences. 2003; 3(11): 35-45. [in Persian]
21. Nazarpour S. **Study of individual and social factors affecting the development of urinary tract infections in pregnant women referred to clinics and prenatal centers of Noshahr and Chalous in 1998 - 1998.** Journal of Islamic Azad University, Noshahr & Chalous Branch. 2003; 1(1): 129-150. [in Persian]
22. Nazarpour S. **New version for patients – Normal vaginal of delivery, Healthy baby, Complications of Cesarean Section.** Payame Mazandaran. 2002; 1(2):8. [in Persian]
23. Nazarpour S. **Food and rest of the pregnant mother.** Gharan. 2002 June:8. [in Persian]
24. Nazarpour S. **The role of midwife in the health of pregnant women.** Gharan. 2002 April:7. [in Persian]
25. Nazarpour S. **Polyhydramnios.** Journal of Faculty of Nursing, Baqiyatallah University of Medical Sciences. 2002; 2(4 & 5): 60-67. [in Persian]
26. Nazarpour S. **Baby feeding from mother's breast and bottle by mothers with arthritis and other physical disabilities.** Journal of Nursing and Midwifery, (Shahid Beheshti University of Medical Sciences). 2001; 10(33): 40-46. [in Persian]
27. Nazarpour S. **Factors Affecting Urinary Tract Infections in Pregnant Women.** Shafa. 2001; (40): 50-52. [in Persian]
28. Nazarpour S. **Pap smear and diagnosis of cervical cancer.** Journal of Nursing Knowledge - Khorasan University of Medical Sciences & Health Services. 2000; 6(21): 32-40. [in Persian]
29. Nazarpour S. **Sudden Infant Death Syndrome.** Journal of Faculty of Nursing, Baqiyatallah University of Medical Sciences. 1998; 4(7-10): 23-32, 23-33. [in Persian]

Published Books (Persian):

1. Nazarpour S. Principles of Community Health Services (Health 1). 2nd edition (Reprint with General Reform). 2021; Golban Medical Publications, Tehran, Iran.
2. Simbar M. Persian Obstetrics III- Abnormal Pregnancy and Delivery. 2021; Jame-e-negar publishing house. Tehran, Iran. (As Editor)
3. Simbar M. Persian Obstetrics II- Labor, Delivery and Postpartum, Care and Management. 2021; Jame-e-negar publishing house. Tehran, Iran. (As Editor)
4. Simbar M. Persian Obstetrics I- Midwifery, Counseling and Pregnancy Care. 2021; Jame-e-negar publishing house. Tehran, Iran. (As Editor)
5. Nazarpour S. Gynecology and Infertility. 2nd edition (Reprint with General Reform). 2019; Islamic Azad University, Chalous Branch. Chalous, Iran.
6. Nazarpour S. Principles of Community Health Services (Health 1). 2018; Golban Medical Publications, Tehran, Iran.
7. Nazarpour S. Gynecology and Infertility. 2013; Islamic Azad University, Chalous Branch. Chalous, Iran.
8. Nazarpour S, Ghamkhar M. Principles and Generalities of Health Services. 2010; Islamic Azad University, Chalous Branch. Chalous, Iran.
9. Nazarpour S. Education of Population and Family Planning. 2nd edition (Reprint with General Reform). 2009; Islamic Azad University, Chalous Branch. Chalous, Iran.
10. Nazarpour S. Valuable Points GYN & OBS (GOVP). 2008; Boshra Publication. Tehran, Iran.
11. Nazarpour S. The Basic of Gynecology and Infertility. 2007; Boshra Publication. Tehran, Iran.
12. Nazarpour S. Education of Population and Family Planning. 2006; Islamic Azad University, Chalous & Noshahr Branch. Chalous, Iran.

Participation in Conferences/ congresses/ seminars/ meetings (International, National, Regional)

1. The 3rd Debatable Topics on Obstetrics Gynecology & Infertility (DTOGI) Congress. Tehran, Iran, Feb 5-7, 2020. Poster presentation. **Factors Affecting Quality of Life in Postmenopausal Women**
2. The 3rd Debatable Topics on Obstetrics Gynecology & Infertility (DTOGI) Congress. Tehran, Iran, Feb 5-7, 2020. Poster presentation. **The Relationship between Cardiovascular Disorders on Sexual Function among Postmenopausal Women.**
3. The 8th Iranian International Conference on Women's Health. Tehran, Iran, Dec 4-5, 2019. Poster presentation. **The Relationship between Body Image and Coping Styles with Severity of Primary Dysmenorrhea.**
4. The 8th Iranian International Conference on Women's Health. Tehran, Iran, Dec 4-5, 2019. Poster presentation. **Investigation of risk factors of anxiety and depression in pregnancy.**
5. The 7th Congress of Obesity Prevention and Treatment (National). Iran. Nov 27-29, 2019. Oral presentation. **The Relationship between Sexual Function and Body Mass Index in Postmenopausal Women.**
6. 15th International Congress on Obstetrics & Gynecology. Tehran, Iran. Oct 8-11, 2019. Poster presentation. **The Effects of Pelvic Floor Muscle (PFM) Training on Sexual Function of Postmenopausal Women.**
7. 15th International Congress on Obstetrics & Gynecology. Tehran, Iran. Oct 8-11, 2019. Poster presentation. **The Impact of Musculoskeletal Disorders on Sexual Function among Postmenopausal Women.**
8. 16th International Congress of Obstetrics and Gynecology. Tehran, Iran, Oct 9-12, 2018. Poster presentation. **Sexual Function in Diabetic Postmenopausal Women.**
9. 16th International Congress of Obstetrics and Gynecology. Tehran, Iran, Oct 9-12, 2018. Poster presentation. **The Impact of Sex Education and Kegel Exercises on Sexual Function among Postmenopausal Women: A Randomized Clinical Trial.**

10. Twin Congress- ICRHC 2017 & ISERB 2017. The 2nd International Congress on Reproductive Health and Childbearing (ICRHC 2016); The 3rd International Congress on Reproduction (ISERB 2016). Tehran, Iran, May 20-22, 2017. Poster presentation. **The Effects of Sex Education on Sexual Function in Post-menopausal Women.**
11. The 1st conference on Modeling Mathematics and Statistics in Applied Studies (National). Chalous, Iran, April 26, 2017. Oral presentation. **Analysis of Variance and Its Variants in Medical Research.**
12. The 17th International Congress of Endocrinology in collaboration; The 15th Annual Meeting of the Chinese Society of Endocrinology (ICE-CSE 2016). Beijing, China, Aug 31-Sep 4, 2016. Poster presentation. **The Relationship between Serum Total Testosterone and Sexual Function among Postmenopausal Women.**
13. Twin Congress- ICRHC 2016 & ISERB 2016. The 1st International Congress on Reproductive Health and Childbearing (ICRHC 2016); The 2nd International Congress on Reproduction (ISERB 2016). Tehran, Iran, May 18-20, 2016. Poster presentation. **Sexual Function and Quality of Life among Post-menopausal women.**
14. Twin Congress- ICRHC 2016 & ISERB 2016. The 1st International Congress on Reproductive Health and Childbearing (ICRHC 2016); The 2nd International Congress on Reproduction (ISERB 2016). Tehran, Iran, May 18-20, 2016. Poster presentation. **The effects of the underlying medical problems on sexual function in post-menopausal women.**
15. Women's Health 2016: The 24th Annual Congress. Washington, DC, USA. April 14-17, 2016. Poster presentation. **The Impact of the Severity of Menopausal Symptoms on the Sexual Function of Post-Menopausal Women.**
16. 17th European Congress of Endocrinology. Dublin, Ireland, May 16-20, 2015. Poster presentation. **Study on the Correlation between Serum Androgens and Sexual Function in Post-menopausal Women.**
17. The 4th International Conference on Women's Health. Shiraz, Iran. May 20-21, 2015. Poster presentation. **The impact of the severity of menopausal symptoms on sexual function.**
18. The 4th International Conference on Women's Health. Shiraz, Iran. May 20-21, 2015. Poster presentation. **Factors affecting sexual function in menopause.**
19. 7th IRHRC Annual Meeting Reproductive and Infertility Updates. Tehran, Iran, January 22-24, 2015. Oral presentation. **The relationship between underlying medical problems and sexual function in post-menopausal women.**

20. 7th IRHRC Annual Meeting Reproductive and Infertility Updates. Tehran, Iran, January 22-24, 2015. Oral presentation. **Exercise and sexual dysfunction among postmenopausal women in Iran.**
21. The 10th International Congress of Endocrine Disorders. Tehran, Iran, October 22-24, 2014, Poster presentation. **Serum androgen and its impact on sexual function in postmenopausal women.**
22. Regional Conference of Strengthening the Foundations of the Family and the Contemporary World. Chalous, Iran, May 28, 2012, Full Text publication in the collection of conference papers. **Strengthening the foundation of the family and the factors affecting it.**
23. Regional Conference of Strengthening the Foundations of the Family and the Contemporary World. Chalous, Iran, May 28, 2012, Full Text publication in the collection of conference papers. **Emotional Divorce, an obstacle to the consolidation of the foundation of the family.**
24. Regional Conference of Women and Society Health". Chalous, Iran, Feb 20, 2012, Oral presentation. **Reproductive health and empowerment of women in the field of community health.**
25. Regional Conference of Women and Society Health. Chalous, Iran, Feb 20, 2012, Poster presentation. **Domestic violence, a barrier to the health of women and society.**
26. Global Congress of Maternal and Infant Health. Barcelona, Spain, September 22-26, 2010, Poster presentation. **Fish Consumption and Risk of Mercury Exposure in Pregnancy.**
27. Global Congress of Maternal and Infant Health. Barcelona, Spain, September 22-26, 2010, Poster presentation. **Multiple Sclerosis and Pregnancy.**
28. Global Congress of Maternal and Infant Health. Barcelona, Spain, September 22-26, 2010, Poster presentation. **Stroke in Pregnancy.**
29. Global Congress of Maternal and Infant Health. Barcelona, Spain, September 22-26, 2010, Poster presentation. **Risk Factors of Depression during Pregnancy.**
30. Global Congress of Maternal and Infant Health. Barcelona, Spain, September 22-26, 2010, Poster presentation. **Bell's Palsy during Pregnancy.**

31. Regional Conference of Recognizing the Problems of Iranian Women. Chalous, Iran, May 24, 2010, Oral presentation. **Water pollution and fish in the Caspian Sea and its complications in pregnancy.**
32. Regional Conference of Recognizing the Problems of Iranian Women. Chalous, Iran, May 24, 2010, Poster presentation. **Women addiction and problems arising from it.**
33. The 1st International & 3th national Safe Pregnancy & Motherhood Congress. Tehran, Iran, Feb 23-25, 2009. Poster presentation. **Screening Methods of Diseases and Congenital Abnormalities during Pregnancy.**
34. Regional Conference of Empowering Women and Promoting Health During Reproduction Period. Tonekabon, Iran, Feb 17, 2010. Poster presentation. **Empowering Women with Twin Pregnancies during Pregnancy and Lactation.**
35. The 3rd Asia Pacific Congress on Controversies in Obstetrics, Gynecology & Infertility (COGI). Beijing, China, November 12-15, 2009, Poster presentation. **The Effect of Cord Blood Drainage in the Duration of Third Stage of the Labor.**
36. The 3rd Asia Pacific Congress on Controversies in Obstetrics, Gynecology & Infertility (COGI). Beijing, China, November 12-15, 2009, Poster presentation. **Migraine in Pregnancy.**
37. Reproductive Medicine and Beyond: The 3rd International IVI Congress. Madrid, Spain, May 14-16, 2009, Poster presentation. **The Effect of Weight on Fertility.**
38. Reproductive Medicine and Beyond: The 3rd International IVI Congress. Madrid, Spain, May 14-16, 2009, Poster presentation. **Stress and Infertility**
39. Reproductive Medicine and Beyond: The 3rd International IVI Congress. Madrid, Spain, May 14-16, 2009, Poster presentation. **Smoking and Reproductive Function**
40. Reproductive Medicine and Beyond: The 3rd International IVI Congress. Madrid, Spain, May 14-16, 2009, Poster presentation. **Occupational Exposures and Fertility**
41. Regional Conference of Recognition of Women's Mental Health Problems and Necessary Solutions. Chalous, Iran, March 2, 2009, Oral presentation. **Domestic violence against women.**
42. Regional Conference of Diseases and Genitourinary Complaints. Chalous, Iran, Nov 30, 2008, Oral presentation. **Urethral syndrome.**
43. Regional Conference of Diseases and Genitourinary Complaints. Chalous, Iran, Nov 30, 2008, Oral presentation. **Gynecological pains.**

44. The 11th World Congress on Controversies in Obstetrics, Gynecology & Infertility (COGI). Paris, France, November 27-30, 2008, Poster presentation. **Comparison of therapeutic effects of Fennel (Foeniculum Vulgare) and Mefenamic Acid on Primary Dysmenorrhea**
45. The 11th World Congress on Controversies in Obstetrics, Gynecology & Infertility (COGI). Paris, France, November 27-30, 2008, Poster presentation. **Comparative study of the effect of cord blood drainage and oxytocin injection into the umbilical vein in the duration of third stage of the labor.**
46. The 2nd world Congress on Controversies in Neurology (CONY). Athens, Greece, October 23-26, 2008, Poster presentation. **Carpal Tunnel Syndrome in Pregnancy.**
47. The 2nd world Congress on Controversies in Neurology (CONY). Athens, Greece, October 23-26, 2008, Poster presentation. **TENS, An effective technology in Primary Dysmenorrhea.**
48. The 2nd world Congress on Controversies in Neurology (CONY). Athens, Greece, October 23-26, 2008, Poster presentation. **Study of menstrual factors influencing on severity of primary Dysmenorrhea (Menstrual pain) in students of faculties of nursing and midwifery of universities under the supervision of ministry of health, treatment and medical education in Tehran.**
49. The 2nd world Congress on Controversies in Neurology (CONY). Athens, Greece, October 23-26, 2008, Poster presentation. **Study of factors of body activities influencing on severity of primary Dysmenorrhea (Menstrual pain) in students of faculties of nursing and midwifery of universities under the supervision of ministry of health, treatment and medical education in Tehran**
50. The 2nd world Congress on Controversies in Neurology (CONY). Athens, Greece, October 23-26, 2008, Poster presentation. **Epilepsy in pregnancy**
51. Regional Conference of Women, Development and Entrepreneurship. Chalous, Iran, Feb 27, 2008, Oral presentation. **Woman, Entrepreneurship and Obstacles and Problems.**
52. Regional Conference of Women, Development and Entrepreneurship. Chalous, Iran, Feb 27, 2008, Oral presentation. **Women's Social Activities.**
53. Internal Conference of Congenital and Genetic Disorders. Chalous, Iran, Des 24, 2007, Oral presentation. **Disorders of Sexual Differentiation and Ambiguous Genitalia.**

54. Internal lectures at Islamic Azad University, Noshahr & Chalous Branch. Chalous, Iran, May 6, 2007, Oral presentation. **Ways to Cope with Menopause.**
55. Regional Conference of Woman, Knowledge, and Health. Rasht, Iran, May 3, 2007, Poster presentation. **Health and Menopause.**
56. The 2nd World Congress on Gender- specific Medicine and Aging: The Endocrine Impact. Rome, Italy, March 8-11, 2007, Poster presentation. **Study of the rate of using family planning methods and attitudes of married women under 25 years referring to Health-Treatment centers about family planning in West of Mazandaran province during 2001.**
57. Emergency Medical Meeting with emphasis on Midwifery and Nursing Emergency. Chalous, Iran, Dec 14, 2006, Oral presentation. **Hemorrhage due to Vasopressin.**
58. 12th Iranian Congress of Fertility and Infertility. Tehran, Iran, March 9-10, 2006, Publication in the collection of conference papers. **The study of the use of various contraceptive methods and attitudes regarding family planning among married women under 25 years of age referred to the Health and Treatment Centers of west of Mazandaran province in 2001.**
59. Conference of Environmental and Health Development. Noshahr, Iran, Dec 7, 2005, Poster presentation. **The use of contraceptive methods and attitudes regarding family planning among married women under 25 years in West Mazandaran.**
60. 4th National Conference on Medical Sciences, Young Researchers Club. Mashad, Iran, Sep 28-29, 2005, Oral presentation. **The study of the use of various contraceptive methods and attitudes regarding family planning among married women under 25 years of age referred to the Health and Treatment Centers of west of Mazandaran province in 2001.**
61. National Conference on Midwifery and Nursing Emergencies. Pishva-Varamin, Iran, May 25, 2005, Oral presentation. **Management of Mother and Fetus in Traumatic Events.** [Selected as a superior lecture]
62. Regional conference of Blood and Related Disorders. Noshahr, Iran, Dec 21, 2004, Poster presentation. **Twin to Twin Transfusion Syndrome (TTTS).**
63. Conference of Epidemiology and Treatment of Tuberculosis and Brucellosis. Chalous, Iran, Dec 15, 2003, Oral presentation. **Epidemiology and Treatment of Tuberculosis and Brucellosis.**

64. Internal Conference “Gastrointestinal Diseases” in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, Nov 9, 2003, Oral presentation. **Gastroesophageal reflux disease (GERD) during pregnancy.**
65. Internal Conference “Common Women's Cancers” in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, Nov 21, 2002, Oral presentation. **Breast cancer and education and care in high-risk and under-treated women.**
66. Conference of Mazandaran University of Medical Sciences & Health Services. Chalous, Iran, Aug 6, 2002, Oral presentation. **Strategies to promote normal vaginal delivery (safe delivery).**
67. Internal Conference “Urogenital Diseases” in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, March 8, 2001, Oral presentation. **Pap smear and diagnosis of cervical cancer.**
68. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, Jan 2, 2001, Oral presentation. **Resuscitation of newborn.**
69. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, May 18, 2000, Oral presentation. **Tuberculosis in pregnancy and infancy.**
70. National Seminar on Patient Care with Infectious Diseases. Shiraz, Iran, May 9, 2000, Oral presentation. **UTI and predisposing factors in pregnant women of Noshahr and Chalous .**
71. 10th Congress of Iranian College of Internal Medicine. Tehran, Iran, May 3-6, 1999, Poster presentation. **UTI and predisposing factors in pregnant women.**
72. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, March 8, 1999, Oral presentation. **UTI and predisposing factors in pregnant women.**
73. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, May 17, 1998, Oral presentation. **Sudden Infant Death Syndrome (SIDS).**
74. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, March 6, 1997, Oral presentation. **Polycystic Ovarian Syndrome (PCOS).**
75. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, Jun 9, 1996, Oral presentation. **Infertility and familial marriage.**

76. Internal Conference in Islamic Azad University, Noshahr & Chalous Branch. Noshahr, Iran, Dec 25, 1995, Oral presentation. **Factors affecting the severity of primary dysmenorrhea.**
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Research Projects:

1. Evaluating of Self-care Behaviors of women to prevent Covid-19 Tehran 2020. Code; 24728. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2021.
2. The relationship between body image, depression and anxiety with sexual function in postmenopausal women. Code; 22822. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2021.
3. A Comparative Study on the Effect of “Honey and Fennel”, “Honey and “Fenugreek”, “Fennel”, and “Fenugreek” on Quality of Breastfeeding. Code; 18918. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2021.
4. Planning a Self-care promotion program for Elderly and Menopausal women base on a situation analysis of the self-care behaviors in Tehran. Code; 21923. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020.
5. Planning a Self-care promotion program for reproductive-aged women base on a situation analysis of the self-care behaviors in Tehran. Code; 21920. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020.
6. Factors Associated with Quality of Life of Postmenopausal Women. Code; 22568. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2022.
7. Design, Psychometric properties and application of an instrument to assess needs for a Gender based Perinatal Services: a mixed sequential exploratory study. Code; 17786. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2021.
8. Evaluation the effectiveness of soft capsule containing anise (*Pimpinella anisum*) oil, clary sage (*Salvia sclarea*) oil, and evening primrose oil (*Oenothera biennis*) on Premenstrual

- Syndrome (PMS). Code; 16194. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020.
9. Study of the Relationship between Medical Conditions and Sexual Function in Postmenopausal Women. Code: 20079. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020.
 10. Path analysis of some individual, social and psychological factors with quality of life among postmenopausal women in Tehran in 2018. Code: 14347. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020
 11. A review on Sexual Function in Postmenopausal Women and Serum Androgens. Midwifery and Reproductive Health Research Center, Department of Midwifery and Reproductive Health, Shahid Beheshti University of Medical Sciences. 2020.
 12. Study of effect of two interventional methods including of kegel excersice and sexual education on sexual function in menopausal women, 2014. Code: 747. Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences. 2014.
 13. Study on correlation between serum androgens and sexual function in menopausal women, 2013. Code: 474. Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences. 2014.
 14. Study on sexual function of menopausal women and its influencing factors in Nowshahr and Chalous in 2013. Code: 1392-1-86-11719. Shahid Beheshti University of Medical Sciences. 2013.
 15. The study of correlation between body image and coping styles with severity of primary dysmenorrhea in Chalous Islamic Azad University students at 2010. Islamic Azad University, Chalous Branch. 2011
 16. Comparison of therapeutic effects of Fennelin and Mefenamic Acid on Primary Dysmenorrhea in students in Nowshahr and Chalous, 2006. Islamic Azad University, Chalous Branch. 2006.
 17. The study of the use of various contraceptive methods and attitudes regarding family planning among married women under 25 years of age referred to the Health and Treatment Centers of west of Mazandaran province in 2001. Islamic Azad University, Chalous Branch. 2001.
 18. Study of individual and social factors affecting the development of UTI in pregnant women referred to prenatal clinics in the cities of Noshahr and Chalous in 1998 - 1999. Islamic Azad University, Noshahr & Chalous Branch. 1999.